



Strathfield Rotary Bulletin

DISTRICT 9675 20th-July-2017

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Rotary, United Nations and Australian Themes

Month of July	Rotary	Start of new Rotary year
Weeks of July	Australia	National Pain Week 2017 Week (24th-30th July)
Days of July	United Nations	World Youth Skills Day (15th July
	United Nations	Nelson Mandela International Day (18th July)

President's Report

Last week we had a 'night off' due to the final State of Origin Rugby League series. Hopefully some of you made it to the Crossways Hotel for a little bit of fellowship, and a whole lot of misery. The less said about that game the better! I wasn't in town last week and so wasn't able to join any of you that may have gone along to that disappointing match (thank goodness). I was in Washington DC for the week, arriving home on Saturday morning. Yes, you should start to see a 'new' Donald Trump in the coming months!

This week we are pleased to welcome to our Club members of the Rotary Club of Breakfast Point and their partners, including District Governor Stephen Britten and his wife, Jane. Breakfast Point is Stephen's home Club. We look forward to getting to know Stephen a little better through this visit, now that he's fully inducted

in his role as DG, as well as listening to his views for our district in his dinner address tonight. Welcome Stephen, Jane and all Breakfast Point visitors!

It is with great sadness that we heard the news on Saturday that the President-elect of Rotary International, Sam F. Owori, has died post-operative result of complications from planned surgery. Sam had been a member of the Rotary Club of Kampala, Uganda, for 38 years. At this time, please keep his wife, Norah, the Owori family, and Sam's millions of friends around the world in your thoughts. Sam's unexpected death is a huge loss to Rotary, his community, and the world. Sam's passing makes a big impact from the perspective of Rotary leadership. A memorial fund in Sam's honour will be established.

details will be provided as they become available.

As many of you will have heard at our Changeover Presentation, President of the Rotary Club of Port Macquarie, Tony Lanzafame, has scored something of a coup, getting RI President, Ian Risely to visit his club on 31st July 2017. If anyone is interested in going, booking details can be found on their Club website. Hurry, only a few spots are left.

Speaking of RI President Ian Risely, he has challenged every Rotarian to plant a tree between 1st July 2017 and Earth Day, 22nd April 2018. Trees remove carbon dioxide and other greenhouse gases from the atmosphere, thereby slowing down global warming. Let's each one of us resolve to plant a tree before 22nd April 2018 – shouldn't take too much effort – jut be careful about blocking

your neighbour's views. You know how they can be about that!

Last night (Tuesday, 18th July 2017) we held our first full Board Meeting as a newly instated Board of the Club. If I'm here tonight, it went well and I'll share the key outcomes.

Last thing...save the date. Our Rotary District (in conjunction with the Rotary Club of Sydney) will be hosting the Rotary Peace Building Conference in Sydney on the 17th March 2018. This happens to be St Patrick's Dav (green beer. leprechauns and global peace makes sense, I guess) and will be held at the Sydney Town Hall. information is available on the Peace Building Conference website http://www.RIPPC2018.com.au.

Ríck

Last Week's Guest Speaker: Prof. John Evans

Wednesday 5th July, 2017

Theme: NAIDOC (National Aboriginal and Islander Day Observance Committee) Week.

Professor John Evans, an indigenous man, is Professor of Indigenous Health Education at UTS and has extensive academic and industry experience in sports and exercise science, and particularly in indigenous sport and education.

John spoke to us about three themes close to his heart and on which much of his work is based.

- 1. Rugby Union and sport more broadly providing an opportunity for Indigenous and non indigenous Australians to contribute to our shared culture. John challenged us with the fact that whilst only 3% of Australians identify as indigenous, 14% of elite NRL and AFL players identify as indigenous.
- 2. Indigenous Health and particularly about the rural vs urban divide. Iohn reminded us that rural children tend have the to opportunities for more a unstructured, inventive, 'controlled' risk taking upbringing. John also spoke to us about the

Type 2 diabetes epidemic, being three to four times more prevalent that just two generations ago. Food, and particularly food rich in refined carbohydrates and sugars is too readily available and that most people these days rarely suffer that 'slightly hungry' feeling. Eating too much of the wrong



foods, too often is a problem for most people in western society today including indigenous Australians

3. Affordable Housing for indigenous Australians, especially those living in remote areas continues to be poorly designed leading to amongst other things elevated power usage both summer and winter for those who can least afford it. Greater efforts need to be made to train indigenous trades

people. John also spoke about the need to provide affordable reliable internet services for remote areas

More generally, John also pointed out that 2017 is 50 years since the referendum on indigenous recognition and also 25 years since the Mabo decision.

John was introduced by PP Allan Teale and thanked by Gulian Vaccari.

Summary by Gulian Vaccari

This Week's Speaker: DG **Stephen Britten**

Next week, which is a partners night, we welcome our District's new DG, PHF Stephen Britten. Stephen is a second generation Rotarian and is a charter member and PP of the Rotary Club of Breakfast Point.

Stephen is a Solicitor and is the inhouse Solicitor and Chief Governance Officer of Penrith City Council where he has worked for 29 years.

He has a Science Degree from Macquarie University, a Law Degree from Sydney University and a Master's in Business Administration From Southern Cross University. He is married to Jane who is a head teacher of Adult Basic Education at Granville TAFE and they have two children Christopher and Stephanie.

Next Week's Speaker: Terry Davis

Next week's speaker will be Terry Davis. Terry is the Corporate Manager for Australian Rotary Health.

From their website; "Australian Rotary Health is one of the largest independent funders of mental health research within Australia.

We also provide funding into a broad range of general health areas, provide scholarships for rural medical and nursing students, as well as Indigenous health students. Australian Rotary Health provides funding into areas of

health that do not readily attract funding, and promotes findings to the community.

Australian Rotary Health is a project of the Rotary Districts of Australia and is supported by Rotary Clubs. We have a broad vision to improve the health and wellbeing of all Australians."

This is an organisation that, as Rotarians, we should all be very proud. I'm sure this feeling will be reinforced by Terry's talk.

${\cal D}$ ates for the Calendar



Rotary Events			
Day/Date	Event/speaker	To introduce	To thank + speaker write-up
Wed 19 th Jul 2017	DG Visit: Stephen Britten	Rick Vosila	David Croft
Wed 26 th Jul 2017	Australian Rotary Health Terry Davis	Janelle Watson	Domenico Alvaro,
Wed 2 nd Aug 2017	Golf Club Development Neil Hardy	Peter Manenti	Joe Saad
Wed 9th Aug 2017	Meriden INTERACT	Bradley Ayres	Roger Vince
Wed 16 th Aug 2017	"My Rotary Story" Nora Duane	Ed Dunlop	Allan Teale
Wed 23rd Aug 2017	Hi Speed Rail John Elvy & Paolo Giammarco	tba	tba

Birthdays			
21 st July 2017	Janice Vince		
Anniversaries			
20 th July 2017	Charles and Olga Pitt		

${\mathcal D}$ o You Know? Celebrities and Projects

A wheel has been the symbol of Rotary since our earliest days. The first design was made by Chicago Rotarian Montague Bear, an engraver who drew a simple wagon wheel, with a few lines to show dust and motion.

The wheel was said to illustrate "Civilization and Movement." Most of the early clubs had some form of wagon wheel on their publications and letterheads. Finally, in 1922, it was decided that all Rotary clubs should adopt a single design as the exclusive emblem of Rotarians. Thus, in 1923, the present gear wheel, with 24 cogs and six spokes was adopted by the "Rotary International Association."

A group of engineers advised that the geared wheel was mechanically

unsound and would not work without a "keyway" in the centre of the gear to attach it to a power shaft. So, in 1923 the keyway was added and the design, which we now know, was formally adopted as the official Rotary International emblem.

In 2013, Rotary International announced a "global public image initiative" which among other things, expanded the official logo to include the word "Rotary" next to the wheel.

David Croft



The Statistics

Attendance two weeks ago	21
Leave of absence	3
Apologies	4
No apology	6
Club membership	34
Partners	0
Guests	2
Members Rotary activities	Week ending 5-7-17: 28 [hours]

Funds raised at Changeover			
Raffle	\$200.00		
Sergeants session	\$90.70		

Attendance last week	0
Leave of absence	3
Apologies	15
No apology	16
Club membership	34
Partners	0
Guests	0
Members Rotary activities	Week ending 12-7-17: 12 [hours]

Funds raised last week		
Raffle	\$n/a	
Sergeants session	\$n/a	

Your Committee 2017-2018

President	Rick Vosila	Secretary	Rod McDougall
President Elect	tba	Sergeant	Anuradha Kamkolkar
Immediate Past President	Stephen Taylor	Treasurer	Charles Pitt
Youth	Arie Pappas	Community	Andrew Aravanis
International	Prabhat Sinha	Vocational	Paolo Giammarco
		Club Services	Bradley Ayres

Bulletin Editor	Bradley Ayres	Web master & Facebook	Raymond McCluskie
Bulletin Printer	Selectprint	Apologies	Gulian Vaccari



The Rotary Club of Port Macquarle West (Inc) PO Box 330, Port Macquarie NSW 2444 www.rotarypmwest.org.au ABN: 76 138 095 969

A Cordial Invitation to the International President's <u>Dinner</u>

The Rotary Club of Port Macquarie West Inc.

extends to you a cordial invitation

 $to \ join \ us \ in \ this \ special \ celebration \ to \ be \ held \ in$

Panthers Auditorium

Park/Bay Streets, Port Macquarie

on

Monday 31 July 2017

5.45pm for 6.30pm start

\$47.50 per person

RSVP by Friday 21 July 2017

to

Secretary Trevor Gilson

(tcjegilson@gmail.com or PO Box 330, Port Macquarie NSW 2444)

(Please pay by 21 July, by direct deposit into Port Macquarie West's NAB account – BSB 082 798, Acct No. 363 473 026, reference "Your name" or, alternatively by cheque to our PO Box 330 with your name)

Please advise Trevor of any dietary restrictions!

President: Tony Lanzafame Mobile: 0412 008 536 Email: tonylanzafame@optusnet.com.au

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Secretary: Trevor Gilson Mobile: 0429 439 232 Email: tcjegilson@gmail.com